

Sida loo isticmaalo af-daboolka caafimaadka

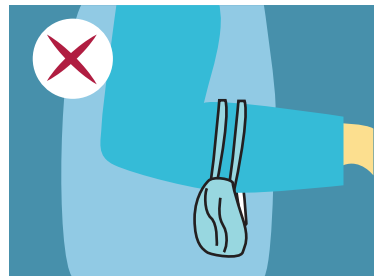
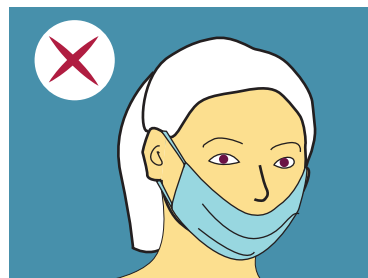
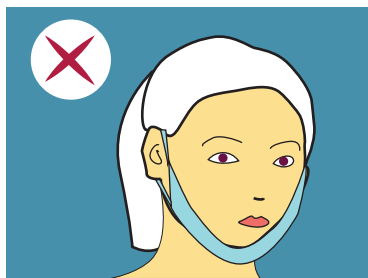


- Nadiifi gacmaha ka hor intaanad gashan af-daboolka.
- Hubso in af-daboolku si wacan u haysto wejiga isla markaana uu si wacan ugu daboolanyahay sanku.
- Istickmaal af-daboolka nooca I (nooca II waxa loogu talagalay goobaha adeegyada caafimaadka).



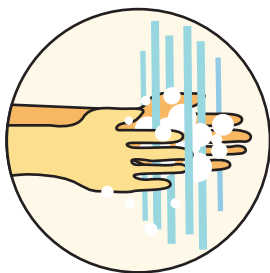
- Halkii af-dabool isticmaal hal mar keliya.
- U beddelo af-dabool nadiif ah haddii uu qoyey ama aad iska saartay si aad u cuntayso ama wax la mid ah.
- Af-daboolka aad isticmaashay ku tuur caaga qashinka isla marka aad iska saarto
- Nadiifi gacmaha marka aad iska saarto ama aad taabato af-daboolka.

SIDAN MAAHA:

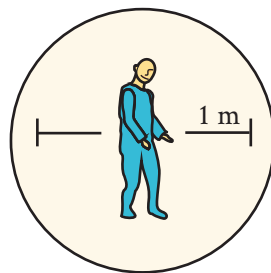


Af-daboolku waxa uu ka hortagi karaa inaad dadka kale wax qaadsiiiso isla markaana wuxu yarayn karaa khatarta ah in adiga wax lagu qaadsiiyo. Haddii aad u isticmaasho qaab khaldan, waxa kordhaya khatarta qaaditaanka fayrasta.

Talooyin markasta lagu dhaqmayo, xataa haddii la isticmaalayo af-dabool/af-dabool maro ah:



Marar badan gacmaha u nadiifi si wacan



In wacan ka durug dadka kale



Guriga joog haddii aad xanuunsanayso



Dadka qaarkood ayaa doorta isticmaalka af-dabool, dad kalena ma isticmaali karaan af-dabool